



SAYSO

HAWK NEWS

November 4, 2017

Ayso121.org

Bi-Weekly Newsletter

#5



Dear AYSO Families,

It's sad to say, but it is now time to say goodbye for the season. Hopefully you've had your fill of warming up before games, practicing those shots, hanging with your friends, and learning from your coach. Don't worry. If you haven't, there's always spring season!

Be sure to thank your referees at your games. They work hard and appreciate those high fives and handshakes! Maybe one of these days you will be a youth ref yourself. I can speak from experience that being a youth ref is a lot of fun! It may have been awhile since I've been a youth ref, but you can start refereeing games as long as you're two years older than the division you ref, and starting at age 10.

On behalf of the board, we really hope you enjoyed the fall season, and especially hope you enjoy your team parties. After 10 games, you may just be experts! Now you'll be able to show your next team how it's done :).

Congratulations on the completion of the Simi Fall 2017 season, and we'll see you next year!

Kelly Litvinoff
SAYSO Editor



A MESSAGE FROM THE REGIONAL COMMISSIONER



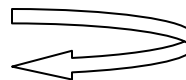
Dear Region 121 Families,

It has been a great honor to serve you as Regional Commissioner this Fall 2017 season! I am lucky to have such a great board to help me! If you are interested in becoming more involved with our program, please reach out to me as we are always looking for more board members. I also want to thank all of the coaches, referees, and team parents who gave countless hours to help make our AYSO Region 121 program a success. Our fields director, Dan Mason, has put in over a hundred hours this season to keep our fields and parking lot running- thank you Dan! Thanks to our parents as well for their patience as we transitioned to a new registration system. We already have registration open for our Challenger Sports UK Skill Clinic in February and our upcoming Spring Season that begins in March. See our website at www.ayso121.org to register.

Thank you,
Debby Tapia
AYSO Region 121 Regional Commissioner (volunteer)
ayso121rc@gmail.com

"Every athlete's natural inclination is to want to practice what he or she is best at, because that's the most fun and brings the satisfaction of feeling most successful. A good coach insists that his or her athletes face their fears, shore up their shortcomings, and practice whatever parts of the game they like least, probably because they fail most often there."

Opposite foot.....wink wink ;)



THE PRICE OF A GOAL

As a coach and a referee I hear a lot of things being said during a game. The one thing that I find shocking is the price a parent pays for a goal. I've heard some kids bragging that they get a \$1, \$5 and as much as \$20 a goal. This paying for goals causes problems out on the field. Kids stop passing the ball to open players, which sometimes results in a missed goal. Some kids won't pass the ball to a player knowing that that player won't pass it back because they have to score to get paid. It's OK to reward a player for playing a good game but; don't promote "ball hogging". If it weren't for the midfielders getting the ball to strikers, or the defenders deflecting a strike and rebounding the ball to their teammates, no one would score. Soccer is a TEAM sport and once a player is benefiting from an independent success, they will no longer work with their team.

Why not reward the whole team for working together to achieve the goal?

VS.

As a former AYSO player and coach, I have seen and experienced different ways that players behave and react to parental incentives. While monetary incentives have their disadvantages, the pros outweigh the cons. Earning money for a job well done and inspiring healthy competition is one aspect of the benefits of being paid for goals. It is the job of a coach to inspire teamwork and passing, and the individual player's job is to score. Coming from a family whose grandparents would pay a dollar a goal to their grandchildren created not only hard work and incentive, but a source of family bonding. Getting to call my grandparents and tell them how well I did in the big game, and them mailing or visiting with my few dollars are some of my favorite memories.

Team comradery comes in a different form when everyone on the team develops a rhythm and comfort in how to work together most successfully. For the players who don't score as often, getting a dollar is an incentive to work hard. For the players who score more often, they know they have a job to perform not just for themselves, but for their team as well.

Concussion Awareness

SIGNS OBSERVED

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events *prior* to hit or fall
- Can't recall events *after* hit or fall

SYMPTOMS REPORTED BY ATHLETE

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"



La Reina High School & Middle School



BE OUR GUEST ON NOVEMBER 6
6:00 - 8:00 PM

Learn how to help your daughter succeed and thrive!

Join us for a complimentary presentation by
New York Times bestselling author, Dr. Michael Gurian.

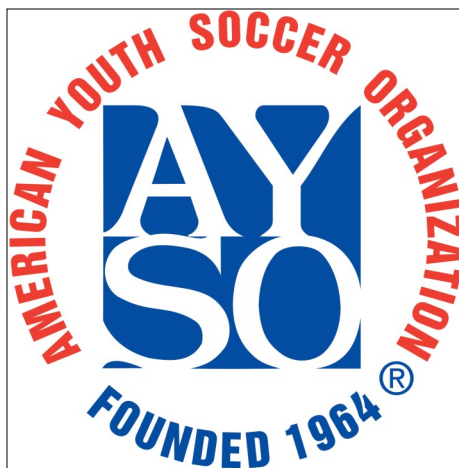
RSVP: LAREINA.COM/GURIAN

Learn more: LaReina.com • 805.495.6494, ext. 1008

Our Sponsor

STANDINGS

		U10B			
Rank	Team	Win	Lose	Tie	Points
1	1	6	0	2	30
2	7	4	3	1	22
2	5	4	2	2	22
3	3	3	4	1	20
4	4	3	4	1	19
5	2	2	5	1	13
6	6	2	6	0	11
		U10G			
1	1	6	0	1	27
2	5	4	2	1	23
3	3	3	1	3	22
4	6	3	4	0	13
5	2	1	5	1	9
6	4	1	6	0	7
		U12B			
1	3	6	1	1	28
2	5	5	2	1	26
3	1	5	3	0	25
4	6	4	4	0	22
5	4	3	5	0	16
6	2	0	8	0	8
		U12G			
1	1	6	1	1	27
2	3	4	3	1	17
3	4	4	4	0	14
4	2	1	7	0	10



U10, U12, U14 standings
available on the AYSO121.org
website